

Following are some common misconceptions and facts about people with disabilities:

Misconception #1:

Having a disability means you cannot be healthy.

Misconception #2:

People with disabilities always need help.

Misconception #3:

The lives of people with disabilities are totally different than those of people without disabilities.

Fact #1:

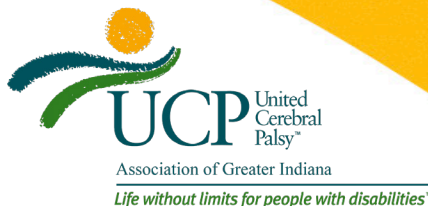
People with disabilities can experience good health by benefiting from the same health-enhancing activities as the general population.

Fact #2:

Many people with disabilities are quite independent. However, if you want to help, ask first if they need it.

Fact #3:

People with disabilities go to school, get married, work, have families, do chores, laugh, cry, get angry, plan and dream, just like everyone else!



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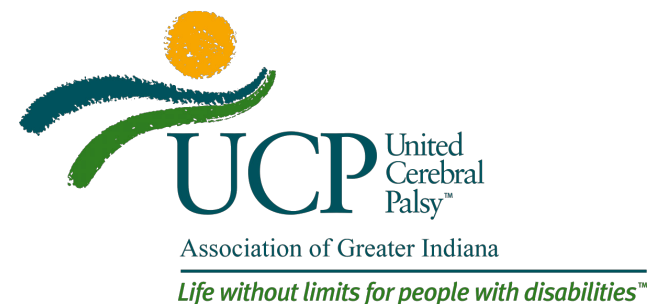
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Disability Awareness Essay Contest



***In celebration of
Disability Awareness Month
March 2020***

**FOR MORE INFORMATION
see above info**

Who May Enter

Any Elementary, Middle or Junior High School student in Indiana.

Divisions:

- Grades 3 and 4
- Grades 5 and 6
- Grades 7 and 8

Contest Rules

- Each student may submit only ONE entry.
- All entries should be typed or legibly printed on 8 ½ x 11 white paper.
- Entries should not exceed 500 words excluding title.
- **Entries must include a completed entry form** (copies acceptable)
- Entries must be received/postmarked on or before **March 13, 2020**.
- No entries will be returned. Please keep a copy.

Essay Content

- Interview a child or adult with a disability and describe his/her experience with the attitudes of others, or...
- Read a book about people with disabilities and describe the impact of attitude on their lives, or...
- Write about your own observations or feelings about attitudes toward people with disabilities.

Judging Process

- All essays will be judged on the basis of creativity, originality, quality of writing and understanding of the issue.
- A panel of volunteer judges from UCPAIndy will select the winners in each division.

Prizes

- All entrants will receive a certificate of appreciation for their essay.
- First place winners in each division will receive a certificate and \$150 cash.
- Second place winners in each division will receive a certificate and \$75 cash.
- Winners will be notified by telephone and prizes awarded through UCPAIndy.

United Cerebral Palsy Association of Greater Indiana reserves the right to reprint any entry in their publications, on company website, or authorize publication elsewhere.

Submit Contest Entries Via:

MAIL:

ATTITUDE Essay Contest, UCPAIndy, 6270 Corporate Dr., Indianapolis, IN 46278

EMAIL:

info@ucpaindy.org

Entry Form

(one per entry – copies accepted)

Contest Division (circle one)

Grade 3-4 Grade 5-6 Grade 7-8

Name

Address

City

State, Zip Code

Contact Phone

Email address (parent or teacher)

I certify that this is my original work:
Signature of Student

School

Teacher Name

Signature of Parent or Teacher

(This signature indicates that the signee has read the entry and verifies that it is an original work that has not been plagiarized.)